

Talyaa Vardar MA, PCC

Ontario

An Executive Coach, Facilitator and Creative Catalyst with a history of success in inspiring individuals and organizations to achieve more fulfilled performance and deeper awareness

Talyaa embraces a core philosophy of whole-person coaching. She probes and distills information on multiple levels, from mental, emotional and psychological through to political, cultural and professional. Each individual benefits from an outcome-frame orientation around their goals and challenges, developing new perspectives to create sustainable change.

BUSINESS EXPERIENCE

With extensive executive-level experience spanning more than 15 years in various industries in Europe, the Middle East and Canada, Talyaa understands the challenges at every level of management. Early in her career, she progressed from Management Trainee to General Manager level with Proctor & Gamble, honing in-depth marketing, business management, corporate strategy, and leadership finesse. A founding partner of the FLOW Coaching & Leadership Institute, she provides a creative space for individuals and organizations to reach their loftiest goals. Talyaa is currently an international faculty member of ISTUD Italy and board member of the International Coach Federation, Toronto Chapter. She is a columnist for the Harvard Business Review and Women's Health magazines.

PROFESSIONAL EXPERTISE AND SERVICES

C-Suite Coaching	Executive Coaching
Coaching for Cultural Transformation	Leadership Development
Intercultural Coaching in Multinationals	Mentorship in Today's Workplace
Coaching in the VUCA Reality	Business and Marketing Strategy
Coaching Leadership Style Design and Facilitation	

SAMPLE CLIENT LIST

The Create Institute	UN Women
Nestle	KPMG
University of British Columbia	RBC Royal Bank



"Talyaa's strongest assets are her deep understanding of human states, her intuition and her ability to hold a big picture perspective."

"She saw opportunities for me that created a positive shift. This has had a snowball effect in numerous aspects of my life."

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RECENT COACHING SUCCESSES

- ◆ As a result of training country General Managers of a multinational FMCG company to adopt a coaching mindset and practice, the company's leadership culture has successfully shifted towards inclusivity within a multi-generational workforce, gender equality in the work place, and adoption of futurist concepts in macro and micro business implementations.
- ◆ Won a "Best Coaching and Mentoring Program" award for a *Coaching Style Leadership* project in a multinational FMCG company (2016).
- ◆ Won a "Best Coaching and Mentoring Program" award for a *Coaching for Cultural Transformation* project in a multinational retail company (2015).

CERTIFICATIONS, EDUCATION and PROFESSIONAL ASSOCIATIONS

Professional Certified Coach (PCC), International Coach Federation
Flow Certified Professional Coach (ACTP), FLOW Coaching Institute
Executive Coaching Certification, Royal Roads University
Parental Coaching Certification, American Parental Coaching Institute
MA, Expressive Therapies and Social Change, EGS University, Switzerland
BSc in Political Sciences and Public Administration, Middle East Technical University, Turkey
Neuroscience of Mind & Heart & Body Alignment, IONS-Institute of Noetic Sciences, USA
Intercultural Communications in the Workplace, George Brown College